

# Upper Limb Musculoskeletal Ultrasound Imaging

Time	Topic Day 1
8:45-9:00	Registration
9:00-9:30	Basics of Sonography and Optimising the Ultrasound Image
9:30-10:15	Group scanning to Optimise the Ultrasound Image
10:15-10:30	Morning Tea
10:30-11:00	US of Normal and Pathological Muscle
11:00-11:45	Ultrasound as a biofeedback technique
11:45-1:00	Group scanning of biofeedback techniques
1:00-2:00	Lunch
2:00-3:00	Ultrasound of normal and pathological tendons, ligaments, nerves and bone
3:00-3:15	Group Scanning of tendons
3:15-3:30	Afternoon Tea
3:30-4:15	Ultrasound of the Elbow
4:15-5:00	Group Scanning of the Elbow

<b>Time</b>	<b>Topic Day 2</b>
9:00-10:00	US of Shoulder
10:00-11:00	Group Scanning of the Shoulder
11:00-11:15	Morning Tea
11:15-12:00	US of the Wrist
12:00-12:30	Group Scanning of the Wrist
12:30-1:30	Lunch
1:30-2:00	US of the Hand and Fingers
2:00-2:45	Group Scanning of the Hand and Fingers
2:45-3:00	Afternoon tea
3:00-4:00	Case studies and how to utilise ultrasound imaging into your clinical management